Quantitative analysis by reversed-phase high-performance liquid chromatography and retinal neuroprotection after topical administration of moxonidine

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Received: 2019-03-23        Accepted: 2019-12-25

Abstract
● AIM: To determine moxonidine in aqueous humor and iris-ciliary body by reversed-phase high performance liquid chromatography (RP-HPLC), and to evaluate the retinal neuroprotective effect after topical administration with moxonidine in a high intraocular pressure (IOP) model.

● METHODS: The eyes of albino rabbits were administered topically and ipsilaterally with 0.2% moxonidine. A RP-HPLC method was employed for the identification and quantification of moxonidine between 2 and 480min, which presented in the aqueous humor and iris-ciliary body. Flash electroretinography (F-ERG) amplitude and superoxide dismutase (SOD) level were measured between day 1 and day 15 after topical administration with moxonidine in a rabbit model of high IOP. Histological and ultrastructural observation underwent to analyze the changes of retinal morphology, the inner retinal layers (IRL) thickness, and retinal ganglion cell (RGC) counting.

● RESULTS: Moxonidine was detectable between 2 and 480min after administration, and the peak concentration developed both in the two tissues at 30min, 0.51 µg/mL in aqueous humor and 1.03 µg/g in iris-ciliary body. In comparison to control, F-ERG b-wave amplitude in moxonidine eyes were significantly differences between day 3 and day 15 (P<0.01) in the high IOP model; SOD levels were significantly higher at all time-points (P<0.01) with a maximum level of 20.29 U/mgprot at day 15; and RGCs were significantly higher (P<0.05).

● CONCLUSION: Moxonidine is a viable neuroprotective agent with application to high IOP model. All layers of retina, including RGC layer, retinal nerve fiber layer and INL, are more preserved after moxonidine administration. SOD plays a neuroprotective role in ocular hypertension-mediated RGC death.

● KEYWORDS: reversed-phase high-performance liquid chromatography; moxonidine; retinal ganglion cell; neuroprotection; superoxide dismutase

DOI:10.18240/ijo.2020.03.04

INTRODUCTION

Moxonidine possesses a selective agonist activity at central imidazoline type-1 receptors (I1R) and a minor activity at alpha2-adrenoceptors (α2AR) in rostral ventrolateral medulla (RVLM) which is a main active region for control of sympathetic outflow and blood pressure[1-3]. It is well known that moxonidine is an effective antihypertensive agent acting centrally to reduce sympathetic outflow and thus decreasing blood pressure. The agent has also been identified as an ocular hypotensive response. In previous studies, we reported that topical administration with moxonidine induced a bilateral decrease in intraocular pressure (IOP) on rabbit eyes. Mediated by peripheral α2AR, it was due to the increase of the uveoscleral outflow detected by immunofluorescence[4].
Oxidative stress is mainly mediated by reactive oxygen species (ROS) generated by the metabolism of cells, such as superoxide anion, hydrogen peroxide, hydroxyl radical, and peroxynitrite. The high level of oxidative stress in RVL contributes to increased sympathetic outflow, owing to an imbalance of generation over degradation of ROS. In a recent study, moxonidine, injected into RVL, decreased ROS production in RVL through the mediation of I1R. In the eye, ocular hypertension causes the death of retinal ganglion cell (RGC), a hallmark of glaucoma, suggesting that oxidative stress plays a role in RGC death in glaucoma. Recently, several literatures reported the decreased levels of ROS and lipid peroxides in experimental glaucoma eyes together with changes in the activities of antioxidant enzymes.

Some studies demonstrated oxidative stress from mitochondrial dysfunction may play a role in glaucoma in ocular tissues derived from experimental glaucoma models and clinical samples. On this basis, we hypothesized that topical administration of moxonidine has an antioxidant effects, resulting in retinal neuroprotection. In the present study, we measured the concentrations in aqueous humor, iris/ciliary body and plasma with topical administration of moxonidine by reversed-phase high performance liquid chromatography (RP-HPLC) to investigate the agent pharmacokinetics. In addition, we observed the changes of the histological structure and ultrastructure of retina, counted RGC number, and analyzed the superoxide dismutase (SOD) activity to evaluate the retinal neuroprotective effect induced by moxonidine in a high IOP model.

**MATERIALS AND METHODS**

**Ethical Approval** Animal care and treatment in this study were in compliance with guidelines by the Association for Research in Vision and Ophthalmology (ARVO) resolution in the use of animals for research.

**Animal** The adult albino rabbits of either sex weighing 2.0-3.0 kg were used in the study. All experiments were performed at the same time of day minimizing variability related to diurnal rhythm.

**Sample Preparation of Aqueous Humor, Iris-ciliary Body and Plasma** Thirty-three rabbits were administered in their eyes topically and ipsilaterally with 0.2% moxonidine (Yabao Pharmaceutical, Shanxi, China) of 50 µL by a micropipette tip, and euthanized by CO2 inhalation at 11 time points, namely 2, 5, 10, 15, 30, 45, 60, 120, 240, 360 and 480min after moxonidine administration, respectively, 3 rabbits at each time point.

After enucleation, eyes were rinsed in phosphate buffer solution (PBS) for 5min. Aqueous humor (200 µL) was extracted. Then the eyeballs were cut open along the limbus. The iris-ciliary bodies were removed clearly, and dried on filter paper. The samples were precisely weighed with an analytical balance, and homogenized with 0.5 mL of a solution. All samples were stored at -20°C until used.

**Reversed-phase High Performance Liquid Chromatography** An RP-HPLC system (LC-10AT VP, Shimadzu, Japan) was employed for the agent concentration in the samples, consisted of a chromatographic pump and an UV detector (SPD-10AV VP). The Kromasil C18 (250×4.6 mm², particle size 5 µm) column were used. The analytical column and the guard column were operated at room temperature. The injection volume was 20 µL. Detection was performed at 254 nm. The flow rate was set at 0.3 mL/min. The mobile phase contained methanol, water and triethylamine at ratios of 50:50:0.5.

Totally 100 µL of 1 mol/L sodium hydroxide solution was added to 200 µL of aqueous humor, the homogenate of iris-ciliary body, or plasma, respectively. Then 5 mL of ethyl acetate was added and mixed thoroughly by vigorous vortex mixing. After centrifugation at 4000 rpm for 5min at room temperature, 4 mL of the resultant supernatant was extracted precisely, and blow-dried with an air stream. The residue was dissolved in 200 µL of methanol. After the second centrifugation, 50 µL of the supernatant was injected onto the column. The peak areas measured by HPLC method were substituted into the equation of the corresponding standard curve to calculate the agent concentration in aqueous humor (Figure 1A). The samples of iris-ciliary body had an approximately similar retention time with aqueous humor (Figure 1B). However, the agent was not detected in plasma. For recovery tests, the samples were spiked with standard solutions of moxonidine (20 mg/L) for validation of the developed method. Extract aliquots (each 1 mL) were filtered through membrane filters (pore size: 0.2 mm) to eliminate large sized particles and subsequently analyzed by diol column coupled HPLC system. The calibration curves of analytes were established by separation of samples of concentrations at 0.05, 0.1, 0.2, 0.4, 0.6, 0.8 and 1.0 mg/L. The calibration curves were drawn by plotting the mean peak area versus analyte concentration yielded a coefficient of regression $R^2=0.9978$, with the representative linear regression equation $Y=293612X-127.37$. The linear range was between 0.002 and 0.04 µg, and limit of quantification (LOQ) was 0.002 µg in aqueous humor. The linear regression equation $Y=295378X-114.62$ ($R^2=0.9991$). The linear range was between 0.005 and 0.09 µg, and LOQ was and 0.005 µg in iris-ciliary body.

The moxonidine of different doses were added to blank aqueous humors (each 1 mL), thus producing the standard concentration of moxonidine at 0.1, 0.4 and 1.0 µg/mL, respectively. The peak areas were measured after sample injection (10 µL) to calculate the recovery rate of analyte,
intraday and interday precision. The results were demonstrated in Tables 1 and 2.

Measurement of Flash Electroretinography and Superoxide Dismutase Level in High IOP Models

Thirty rabbits were anesthetized with an intraperitoneal injection of a mixture of xylazine and ketamine (5 and 50 mg/kg, respectively). Under the operating microscope (66 Vision-Tech Co., Ltd, Suzhou, China), a 27-gauge needle, connected to a reservoir containing 500 mL sterile saline, was inserted into the anterior chamber of the right rabbit eye. IOP was raised to 110 mm Hg by elevating the reservoir 150 cm on the eye. Thus, the pale retina was observed by ophthalmoscopy, suggesting central retinal artery occlusion. The infusion needle was removed from the anterior chamber after 45 min. The IOP may return to normal levels (Perkins applanation tonometer, Topcon SL-SD, Topcon group, Tokyo, Japan). The retinal blood flow was recovered observed by ophthalmoscopy.

The moxonidine of different doses were added to blank aqueous humors (each 1 mL), thus producing the standard concentration of moxonidine at 0.1, 0.4 and 1.0 µg/mL, respectively. The peak areas were measured after sample injection (10 µL) to calculate the recovery rate of analyte, intraday and interday precision. The results were demonstrated in Tables 1 and 2.

The animals were randomly divided into two groups, named moxonidine and control, each group of 15 rabbits. The animal models of acute high IOP were performed unilaterally. Moxonidine (0.2%) was administered topically in rabbit eye in the moxonidine group.

To evaluate functional alterations in the neuroretina, flash electroretinography (F-ERG) was taken before and after topical administration of moxonidine. UTAS-E2000 system (LKC Technologies, Gaithersburg, MD, USA) was used for ERG recordings. The recording of ERGs was performed on all animals at baseline, day 1, 3, 7 and 15 after administration. The dark-adapted scotopic response (rod response), scotopic flash response (maximum response, cone and rod) and light-adapted photopic response (cone response) were recorded, and the b-wave amplitudes were measured. The wave amplitude ratio was calculated for the b-waves by which the responses at each time point after administration was compared with baseline. After ERG, the rabbits were euthanized by CO₂ inhalation. The right eyes were enucleated, hemisected along the ora serata, immersed in ice saline after removing the vitreous, and everted. The retina was peeled completely, and dried on filter paper. The samples were precisely weighed with an analytical balance, then homogenized with 1% solution, and centrifuged at 300 rpm for 10 min. The resultant supernatant was extracted. SOD activity was measured by hydroxylamine method.[14]

Histological and Ultrastructural Evaluation For light microscope analysis, 30 rabbits were sacrificed (2 eyes at each time point in one group). Eyes were enucleated, rinsed in PBS, and fixed in 4% paraformaldehyde. The tissue of retina

Table 1 Recovery rate of moxonidine

<table>
<thead>
<tr>
<th>Concentration (µg/mL)</th>
<th>Observed amount (µg/µL)</th>
<th>Recovery (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.1</td>
<td>0.00031±7.6×10⁻⁶</td>
<td>77.50</td>
</tr>
<tr>
<td>0.4</td>
<td>0.00121±4.7×10⁻⁶</td>
<td>75.63</td>
</tr>
<tr>
<td>1.0</td>
<td>0.00337±8.3×10⁻⁶</td>
<td>84.25</td>
</tr>
</tbody>
</table>

RSD: Relative standard deviation.

Table 2 Data for intraday and interday precision

<table>
<thead>
<tr>
<th>Concentration (µg/mL)</th>
<th>Intraday Peak area</th>
<th>RSD (%)</th>
<th>Interday Peak area</th>
<th>RSD (%)</th>
</tr>
</thead>
<tbody>
<tr>
<td>0.1</td>
<td>1106.38±27.36</td>
<td>2.47</td>
<td>1104.00±30.86</td>
<td>2.79</td>
</tr>
<tr>
<td>0.4</td>
<td>4298.14±165.75</td>
<td>3.86</td>
<td>4310.02±100.26</td>
<td>2.33</td>
</tr>
<tr>
<td>1.0</td>
<td>11941.06±295.01</td>
<td>2.47</td>
<td>11872.06±422.92</td>
<td>3.56</td>
</tr>
</tbody>
</table>

Figure 1 The typical moxonidine separation pattern in aqueous humor and iris-ciliary body on an RP-HPLC column

A: The retention time of the peak in aqueous humor is measured at 12.023 min. The peaks are well isolated and not overlapped. There is no interference with impurity peak. a: Standard moxonidine curve; b: An extract of blank aqueous humor; c: An extract of aqueous humor with moxonidine. B: The similar retention time in ciliary body. a: Standard moxonidine curve; b: An extract of blank iris-ciliary body; c: An extract of iris-ciliary body with moxonidine.
of 8×10 mm² comprising optic nerve head was dehydrated, transparentized, embedded in paraffin, 5-μm thickness slices were mounted on slides, and stained with hematoxylin and eosin. RGCs were counted by high-power microscopy, and analyzed using Atomic graphs advanced software. The inner retinal layers (IRL) thickness, including retinal nerve fiber layer (RNFL), RCG layer, inner plexiform layer and inner nuclear layer, were measured.

For electron microscope, animals were sacrificed at day 7. Eyes were fixed with 0.5 L of a mixture containing 4% paraformaldehyde and 0.1% glutaraldehyde in 0.1 mol/L phosphate buffer for 30 min after enucleation. The small pieces (1×1 mm²) were cut near the optical nerve head, and rinsed in 2% glutaraldehyde in 0.1 mol/L cacodylate buffer (pH 7.4) at room temperature. The tissue was postfixed in 2% OsO₄, dehydrated, and embedded in epoxy resin. Ultrathin sections were stained with uranylacetate and lead citrate, and then inspected with a transmission electron microscope.

**Statistical Analysis** The data were expressed as means±standard deviations (SD) and analyzed using IBM SPSS Statistics version 18. For comparisons among the groups, the differences in continuous data were calculated using one-way ANOVA followed by post-hoc unpaired t-tests. Repeated-measures ANOVA was used to compare the differences among baseline and time points. P values of less than 0.05 were considered statistically significant.

**RESULTS**

**Pharmacokinetics of Moxonidine** The concentration of moxonidine in the aqueous humor and iris-ciliary body after moxonidine administration is shown in Figure 2, respectively. Moxonidine was detectable in aqueous humor and iris-ciliary body at 2 min after administration, 0.20 µg/mL and 0.40 µg/g, respectively. The peak concentration developed both in the two tissues at 30 min, 0.51 µg/ml and 1.03 µg/g, respectively. It remained detected until 8 h, 0.05±0.02 µg/mL in aqueous humor and 0.22±0.16 µg/g in iris-ciliary body. Comparison of the agent concentrations in aqueous humor and iris-ciliary body, the concentrations per unit volume in iris-ciliary body were higher than aqueous humor at each time point. Pharmacokinetics modeling parameters were calculated by 3P97 modelling program, and the compartment modelling was automatically fit in aqueous humor and iris-ciliary body. The pharmacokinetic parameters of moxonidine showed in Table 3. The mean peak time Tmax were 28.800 and 23.858 min, and peak concentration were 0.419 µg/mL and 0.766 µg/g in the aqueous humor and iris-ciliary body after topical administration, respectively. The mean elimination half-life were 107.022 and 160.832 min, and the mean areas under the curve (AUC) of the drug were 77.873 µg·min/mL in aqueous humor and 196.907 µg·min/g in iris-ciliary body.

**Alteration of F-ERG b-wave Amplitude** Comparison of F-ERG b-wave at baseline demonstrated no significant difference between moxonidine group and control (P=0.462). In control eyes, the mean recovery rate of the F-ERG b-wave amplitude maintained a relatively stable level during 15d. In comparison of control, the recovery of b-wave amplitudes in treatment eyes were significantly differences at day 3 (P=0.001), day 7 (P=0.000) and day 15 (P=0.000). The maximum difference between the two groups was 19.53% at day 15 (Figure 3A).
Measurement of Retinal SOD Activity

In control eyes, the low levels of SOD activities were developed at day 1 and 3. There were no significant differences compared with baseline. Then the SOD level developed a marked rise at day 7 ($P=0.000$ vs baseline), which was maintained until 15d ($P=0.000$ vs baseline). In contrast, SOD in moxonidine eyes showed an increased tendency, reaching the highest level of 20.29 U/mgprot at day 15. Furthermore, there were significant differences at all observation time-points ($P<0.01$) in comparison with baseline. Similarly, SOD activities were significantly higher than those in control eyes at all time-points after topical administration ($P<0.01$; Figure 3B).

Histological Changes With Moxonidine Administration

 Compared with baseline, all retinal layers were marked swelling, and RGCs had vacuole-like change in control eyes. Then cellular edema was lightened, even disappeared. RNFLs were thinned, and RCGs were evidently lost. Subsequently, all cellular layers of retina were markedly reduced. Partial ganglion cells fragmented, dissolved and disappeared. In contrast, the swelling is much slighter originally in moxonidine eyes. Then the cell edema was gradually disappeared. All layers of retina were slightly thinned. In comparison with control, the decrease of retinal cells was less, and RGCs were less dissolved (Figure 4).

Ultrastructural Changes with Moxonidine Administration

There was no difference of RGCs between moxonidine and control at baseline, consist of the typical bilayer cell membranes, round nuclei and cytoplasm with plenty of...
organelles (Figure 5A and 5D). In moxonidine-induced eyes, the cell membranes were of integrity with large and round nuclei. The nucleolus and cytoplasm were dissolved slightly. The organelles showed mild swelling (Figure 5B and 5C). In control eyes, the cells were swelling with ruptured cytomembrane and chromatin margination. The organelles were dissolved to form the vacuole. The mitochondria showed high-amplitude swelling. The endoplasmic reticulum (GER) lost its granules, and Golgi complex swelled.

**Ganglion Cell Counting** In comparison to baseline, RGC counting decreased significantly in control eyes, 18.11% on day 1 ($P=0.006$) and 46.47% on day 15 ($P=0.000$), which presented a tendency of a longitudinal decrease. The count also trended down in moxonidine-treated eyes though with smaller decreased amplitudes, 11.32% on day 3 ($P=0.021$) and 25.33% on day 15 ($P=0.000$). The RGCs were significantly higher in the eyes treated with moxonidine than control (Figure 6A).

**Measurement of Inner Retinal Layers Thickness** The IRL thickness decreased along with time in both moxonidine and placebo eyes compared with baseline. IRL decreased significantly in moxonidine-treated eyes, 3% on day 3, and 28% on day 15 ($P=0.000$), while decreased in control eyes, 13% on day 1 ($P=0.007$), and 42% on day 15 ($P=0.000$). The IRLs were significantly higher in the eyes treated with moxonidine than the control (Figure 6B).
DISCUSSION

Moxonidine plays a role in the ocular hypotensive response by a significant decrease in aqueous humor inflow and increase of uveoscleral outflow[4]. In this study, the concentration of moxonidine was detectable of 0.20 µg/mL in aqueous humor at 2 min after topical administration, meanwhile 0.40 µg/g in iridociliary body. The concentrations were still present at 8 h both in aqueous humor and iridociliary body, which was in accordance with our previous study showing that the increase of aqueous humor was observed at 8-10 h in the uveoscleral pathway[4]. It suggested that moxonidine eyedrops rapidly penetrate the cornea, and reach the anterior chamber and the adjacent tissues. Furthermore, we found moxonidine concentration was more detectable in iridociliary body at each time point, such as the fast absorption rate, the short elimination rate constant, the long half-life of elimination, and the large AUC indicated that the elimination rate decreased, while the absorption increased markedly.

In previous studies, the potential mechanism of moxonidine in lowering IOP was mediated by peripheral receptors in iridociliary body, since the activation of post-junctional vascular α2ARs caused ciliary vasoconstriction and decreased ciliary blood flow, while activation of post-junctional epithelial α2ARs induced adenylate cyclase. Thus, the high levels of moxonidine in iridociliary body decrease the secretion of aqueous humor, while increase the uveoscleral outflow[6,15-16]. However, the agent was not detected in plasma, which showed that topical administration had hardly affected blood circulation in rabbits.

Oxidative stress is considered as a role in the pathogenesis of glaucoma. Several previous studies have reported lower systemic levels of antioxidants or antioxidative stress capacity in glaucoma[12,17-18]. Nucci et al[17] described that the total antioxidant capacity was decreased in aqueous humor and blood samples with primary open angle glaucoma patients. The excessive IOP, over the retinal tolerance, results in retinal ischemic/hypoxic injury, increases ROS and subsequent massive release of excitatory toxin. Ultimately it leads to the retinal tissue damage[19-20]. The mechanisms on oxidative stress induced RGC loss in glaucoma remains unclear, but evidence shows that it is involved by direct neurotoxicity from ROS or indirect glial cell dysfunction caused by oxidative stress[21]. Several antioxidant enzymes form the antioxidative defense system, such as SOD, catalase (CAT), paraoxonase (PON), and guaiacol peroxidase (GPX). SOD plays a major role in defense against oxidative stress in vivo[22]. Initially, SOD activity was significantly decreased in an elevated IOP models in the present study, then raised gradually after 3 d, and maintained up to 15 d. It indicated that SOD was depleted due to the noted increase of retinal peroxides in the early stage of retinal ischemia/reperfusion after ocular hypertension. With the prolongation of reperfusion time, SOD reactivity increased, and peroxide was gradually removed, and furthermore SOD level increased markedly. In contrast, SOD level increased significantly after moxonidine administration. This trend continued to the end of the experiment. It indicated that moxonidine reduced peroxide after ocular ischemia/reperfusion, and increased the activity of SOD. Moxonidine may slow down the ischemia progression by interfering with free radical production and oxidative stress[22-23].

Moxonidine has a neuroprotective effect on glutamate-induced neurotoxicity to improve brain perfusion in hypertensive patients. It can increase the impaired blood flow in cerebral ischemia[24-25]. The agent enhances the level of SOD, while reduces the elevated level of N-methyl-D-aspartic acid (NMDA). The mediation need bind to the 11R, subsequently to activate α2AR. Several literatures demonstrated that the mechanism is also involved in the inhibition of voltage-dependent Ca²⁺ current, NMDA and AMPA/kainate receptors, the influence on downstream Akt and p38 MAPK, and the activation of extracellular signal-regulated kinase (ERK) and JNK[26-29]. However, the exact mechanism remains unclear. F-ERG b-wave is generally believed to reflect mainly light-induced activity of bipolar cells and Muller cells, and the reaction regions of cellular electrical activity in the inner nuclear layer[30]. In the present study, b-wave amplitude decreased in the high IOP models. Furthermore the decrease was aggravated with prolonged duration of ocular hypertension. However, b-wave amplitude increased significantly throughout the experimental period after moxonidine administration, and INL thickness was less thinned. It suggests that moxonidine relieve acute damage of visual function.

Glaucma is a multifactorial neurodegenerative disease characterized by optic neuropathy, visual field loss, and retinal degeneration with RGC death[31]. In this study, we found all layers of retina were thinned in the high IOP eyes, and even RGCs and RNFLs were partly disappeared. The RGCs were the most sensitive layer, then RNFLs, INLs, and last the outer layers. The RCGs were decreased by 51 % on day 15. Whereas the damage was markedly relieved by moxonidine, with a decrease of 24% at the end of experiment. RGC death in optic neuropathies is considered as a consequence of primary neuronal damage due to initial insult and secondary degeneration[32]. The effect is attributed to the release of excitatory amino acids. Particularly glutamate release has been strongly involved in the secondary degeneration of RGC in glaucoma.

In summary, our results support moxonidine as a viable neuroprotective strategy with application to high IOP model. All layers of retina are more preserved after moxonidine...
administration. INL protection is confirmed by significantly increased F-ERG b-wave amplitude. The RGC protection is verified as RGC survival by counting morphologically. Furthermore, our investigation suggests that SOD activation may play a role to achieve neuroprotection in ocular hypertension-mediated RGC death.

ACKNOWLEDGEMENTS

Foundation: Supported by the Key Science and Technology Program of Shaanxi Province, China (No.2015SF146).

Conflicts of Interest: Zhang Q, None; Chu MF, None; Li YH, None; Li CH, None; Lei RJ, None; Wang SC, None; Xiao BJ, None; Yang JG, None.

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